

## MENTAL HEALTH RESOURCES in Central Florida

Nemours Behavioral Health 407-650-7455

<https://www.nemours.org/services/child-psychology.html>

### Central Florida Mental Health Resources:

#### IN-PATIENT / OUT-PATIENT FACILITIES

##### **ORANGE & SEMINOLE COUNTY**

Lakeside Alternatives, Inc.	(407) 667-1600	www.lakesidebhs.com
Devereux Foundation	(800) 338-3738	www.devereux.org
La Amistad Behavioral Health	(800) 433-1122	www.lamistad.com
Central Florida Behavioral Health	(407) 370-0111	www.centralfloridabehavioral.com
University Behavioral Center	(407) 281-7000	www.universitybehavioral.com
The Grove Counseling Center, Inc.	(407) 327-1765	www.thegrove.org
Salman and Simmons Counseling	(321) 527-6755	cldebodisco@gmail.com
Devereux Foundation	(407) 362-9210	
Aspire Health Partners	(407) 875-3830	
Seminole Behavioral Health Care	(407) 831-2411	

##### **OSCEOLA COUNTY**

Park Place Behavioral Health	(407) 246-0023 ext. 3110	www.ppbh.org
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#### DEVELOPMENTAL PEDIATRICIANS

Frank A. Lopez, MD	Children's Developmental Center	(407) 644-4844
Emily Forrest, MD	Center for Child Development	(407) 898-6005
Maria Sandra Cely, MD	Developmental Behavioral Pediatrics	(407) 765-5437
Naina Mehta, MD	APH Behavioral Health and Development	(321) 841-9340
Maria Arroyave	Autism/ADHD Behavioral Clinic	(407) 668-1219

#### NEUROPSYCH RESOURCES

Psychological Affiliates	2737 W Fairbanks Ave Winter Park, FL 32789	407-740-6838
Dr. John Beltran	201 Ruby Ave Suite A Kissimmee, FL 34741	407 518-9161
Dr. Michael Westerveld	5165 Adanson St #200 Orlando, FL 32804	407 303-7991
*Associated with Florida Hospital Advanced Psychiatric Group	736 N Magnolia Ave Orlando, FL 32803	407-423-7149
Orlando Neuropsychology and Counseling Center	5401 South Kirkman Rd Suite 680 Orlando, FL 32819	407-704-7608
ODB Health	(formerly Glory Psychiatric & Medical)	407-894-6980

**OUT-PATIENT PSYCHIATRY,  
PSYCHOLOGY & COUNSELING**

**ORANGE COUNTY**

Greater Orlando Psychological Assoc	(407) 206-1106	www.gopafl.com
ADAPT Behavioral Services	(407)928-0444	www.adapt-fl.com
Behavioral Support Services	(407) 830-6412	www.bssinspires.com
University Behavioral Center	(407) 281-7000	www.universitybehavioral.com
Intervention Services	(407) 331-8002	www.interventionservicesinc.com
Behavioral Associates of Central Florida	(407) 539-1935	www.bacffl.com
Advanced Psychiatric Group	(407) 423-7149	www.apghealth.com
Behavioral Strategies	(407) 737-4007	www.behavioralstrategiescorp.com
Mindful Guidance Solutions	(407) 579-2131	www.mindfulguidancefl.com
Holistic Health and Counseling Center	(407) 644-3593	
Dr. Sandra Cely	(407) 765-5437	

**SEMINOLE COUNTY**

Ashlawn Consulting	(407) 977-7943	
Seminole Behavioral Health Care	(407) 323-2036	
Community Counseling Center of Central Florida, LLC.	(407) 291-8009	www.cccf.org
ADAPT Behavioral Services	(407) 928-0444	www.adapt-fl.com
Interventions Unlimited, Inc.	(407) 678-8889	www.interventionsunlimited.com
The Grove Counseling Center, Inc	(407) 327-1765	www.thegrove.org
Pittington Counseling Service	(407) 490-2044	www.pittingtoncounseling.com
Family 4Today, Inc.	(407)329-3229	www.family4today.org
Resilience Counseling Center	(407) 490-3966	www.resiliencecc.com
REGA Mental Health Center of Lake Mary	(407) 378-3601	www.regamentalhealth.com

**Most insurance companies have a list of contracted “in network” providers for mental health. You may want to contact your insurance company to access this list.**

**An additional resource for locating Psychological or psychiatric services within your insurance network is through [psychologytoday.com](http://psychologytoday.com).**

**This list includes providers that are currently in the community that provide behavioral health evaluations and services. We are providing this comprehensive list to assist in obtaining care for your child. Nemours does not promote or endorse any specific provider on this list**